

## **SOUTH FORK AMERICAN/MIDDLE FORK AMERICAN RIVER COMBO**

Class: 2-4, 28, 38 or 44 mile trips in 2-5 days, April-October  
Location: Meeting in Coloma, off Highway 49 between Placerville & Auburn, and ending in Auburn.

The combo trip of the **South Fork American** and **Middle Fork American** is ideal rafting trip for those wanting to warm up on some Class 3 rapids before stepping up to the more exciting Class 4 action on the Middle Fork American on the 2nd or 3rd day.

[The South Fork American River](#) is an exciting, fun Class 3 run, with memorable rapids like Bouncing Rock, Satan's Cesspool and Hospital Bar. The river flows through the foothills of California's Gold Rush Country and serves as an introduction to rafting for countless beginners and also continues to lure many back year after year. On the combo trip with the [Middle Fork American River](#), you can select 1-2 days of Class 4 action to follow your 1-2 day South Fork trip. The itinerary for the 2 day combo follows.

**On the first morning**, we meet you after breakfast at Rivers Bend Resort in Coloma/Lotus. Our guides will give an orientation talk and paddling instruction, and lifejackets are fitted. Before lunch we raft an easier section of river, allowing time to hone your paddling skills for the exciting Class 3 rapids to follow on the South Fork American 'Gorge'. **Lunch** is taken on the river and usually consists of a deli-style spread with a selection of breads, meats, cheeses and all the trimmings. In the next 9 miles, we tackle rapids like Bouncing Rock, Satan's Cesspool and Hospital Bar. At the take-out at Folsom reservoir, we serve cold drinks transport you back to camp, usually by 5:00 pm

**In the evening**, while the guides prepare dinner, clients can set-up their camp, swim, play volleyball and check out the photos of the days action in camp or in nearby Coloma. Ask your guide for a coupon and **order your South Fork American River photos before you leave Coloma**, as they are not available online. In the early evening, appetizers are served, followed by barbecued chicken and or tri-tip, baked potatoes, corn, mixed salad and garlic bread. Leave room for our delicious Dutch-oven, and/or other assorted deserts.

**Next morning**, an early departure at 8:00 am is required. Personal gear is packed and a continental breakfast is served with fresh fruit, pastries, muffins, orange juice, milk and hot beverages. We caravan to Auburn, and from here, we transport you through Foresthill to the put-in below Oxbow Reservoir. The famed 'Tunnel Chute' is encountered early in the trip, and this is followed by numerous Class 3 rapids and the Class 4+ 'Kanaka'. **Lunch** is served on a beach during the 7 mile stretch of Class 2, before the 'Ruck-a-Chucky' portage. Then there are the Class 4 rapids of 'Chunder' and 'Parallel Parking' and more Class 3 to the take-out. You will normally be back in Auburn by 5:00 pm. **Photos** for your Middle Fork American River trip are available online.

**For trips of 3-5 days**, you can include the Chili Bar run on the South Fork, another 7 miles on the [Middle Fork American River](#), or in the spring, 9 miles of Class 4 on the [North Fork American River](#).

### **Distances/Times for travel:**

45 mins/31 miles E of Roseville, 43 mins/32 miles E of Folsom,  
1 hr/53 miles E. of Sacramento, 1.75 hrs/98 miles N. of Stockton,  
1.5 hrs/82 miles SW of Truckee, <2 hrs/114 miles SW. of Reno,  
1.75 hrs/72 miles W of S. Lake Tahoe  
2 hrs/115 miles SE of Chico,  
2.25 hrs/134 miles NE of San Francisco



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